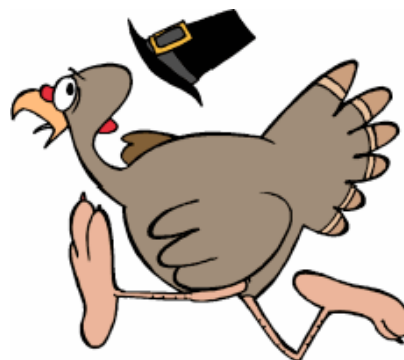


Waterloo's "Give & Gobble" Turkey Trot!

Thursday, November 16, 2017



Who: All Waterloo ES students, staff, and families are invited to participate!

What: **Give.** We are asking each student to donate at least one canned or nonperishable food item if able. Donations will be collected in homeroom pods from November 13th-16th.

**Please see the back of this sheet for holiday food item ideas.*

Trot. Run, jog, or walk the course.

*Families are welcome to join the run or help monitor the course. If you're able to volunteer, please email Mrs. Eckley at kathy_eckley@hcpss.org.

When: **Thursday, November 16th during your child's Related Arts time!**

Rain date: Monday, November 27th

4 th grade:	9:30-10:30
3 rd grade:	10:30-11:30
5 th grade:	11:30-12:30
2 nd grade:	12:30-1:30
Kindergarten:	1:30-2:30
1 st grade:	2:30-3:30

Where: Grades K-2: The ½ mile course consists of 3 laps on the playground fields behind the school (by the parking lot).

Grades 3-5: The 1-mile course is 2 laps around the perimeter of the school starting in the grassy area by the Pre-K/K wing.

Why: Our goal is to promote a healthy lifestyle. In addition to the run, all students will be invited to "gobble" down a healthy snack. **Many thanks** go out to Giant Foods for their generous fruit donation. We also wanted to provide support for some of our Waterloo families for the Thanksgiving holiday. Extra food will be donated to Grassroots.

Holiday Food Item Ideas

If possible, we would love to provide typical Thanksgiving dinner items to Waterloo families in need for the upcoming holiday. Please consider donating any of the following items for our food drive. Thanks so much!

All items should be nonperishable...in other words, packaged in a can or a box 😊

Apple cider
Butternut squash soup
Dry biscuit mix
Canned pumpkin
Cinnamon applesauce
Cornbread mix
Cranberry sauce
Corn
Creamed corn
Gravy
Green beans
Green bean casserole (ingredients)
Jell-O
Macaroni and cheese
Marshmallows
Peas
Piecrust
Scalloped potatoes
Spinach
Stuffing
Veggie mix
Yams
or... another personal family favorite!

