

# Save the Date



Mark your calendars for a  
**FREE FAMILY WATERLOO**  
Wellness event....  
*FIT2Order's*  
**FIT Family Night!**

**When:** October 19, 2017

**Time:** 6 - 8 pm

## Highlighted Stations To Include:

- Kid Friendly Boot Camp
- Martial Arts
- Zumba
- Yoga
- Wellness Tables
- Dance Party Finale
- Parent Nutrition Workshop

**A PARENT OR GUARDIAN MUST ACCOMPANY CHILDREN TO THE EVENT.**

**REGISTRATION** is from October 2-18. To register, you may print out a paper registration form found online at [wates.hcps.org](http://wates.hcps.org) and send the form to school with your student or register online starting October 2nd with a link we will publish closer to the registration date. If using the online registration form, please also click on **ADD ADDITIONAL REGISTRANT** to include all family members attending. For more information , please contact Ms. Kathy Eckley at [Kathy\\_Eckley@hcps.org](mailto:Kathy_Eckley@hcps.org)